



## .....When to call 911

What is a true medical emergency? Ask yourself the following questions.

- Is the player's condition life threatening or limb threatening?
- Could the player's condition become life threatening or limb threatening on the way to the hospital?
- Could moving the player cause further injury?
- Does the player need the skill or equipment of a paramedic or emergency medical technician?
- Would distance or traffic conditions cause a delay in getting the player to the hospital?

**Make the right call, if the injury is potentially life-threatening or in doubt, don't guess, call 911.**

Some examples of conditions to watch for that may be a medical emergency

- Difficulty breathing or shortness of breath
- Unexplained convulsions or seizures
- Coughing up or vomiting blood
- Chest or upper abdominal pain or pressure
- Fainting or loss of consciousness
- Un-responsive when talked to or touched
- Sudden dizziness, weakness or change in vision
- Sudden or intense pain
- Mental change, confusion, unusual behavior
- Back or neck injury
- Bleeding that won't stop
- Allergic reaction
- Trauma (injury)
- Heat stress or exhaustion
- Hypothermia, or low body temperature